Order of Service

Devotional Praise Words of Meditation Acknowledgement of Sick & Shut-in Prayer Recognition of Guests Communion and Offering Annoucements Message

Join Us for Bible Study Today @9:30 A.M.

In M.C. Daniels Community Center

Special PrayerChristina WadeInell MeltonLaura CharlesHelen LindseyQuinton WrightMarvin WinfreyFrank & Theola PrestonRaymond EdwardsR.D. SteptoeWillie Young

Bonnie Holden Frank Lindsey ey Reba Fleming vards Cordellia Tennard Billy Mosley

Encompass Prayer Ministry

Prayer line – 712-432-0075 - Every Friday at 6:00 am Access code: 895269

Email prayer request to <u>encompassprayer3@gmail.com</u> For more information, contact Brenda Jackson 832-305-7729

Welcome Visitors!

We are excited to have you here! Fill out the yellow visitor's card, so we can acknowledge you.

Message from the Office

*Ministry Coordinators, it is imperative to turn in the Event Coordination and Requisition Form (if applicable) eight weeks prior to the event.

*Please send all church announcements by Wednesday 8:00a.m. Any announcements received after that will be posted the next week.

*Announcements such as prayer requests, birthdays, anniversaries, graduations, etc., will be celebrated on the screens. Please email it to <u>trinitycoc@msn.com</u>. ~Thanks~

Message from the Education Department

We have dynamic Bible Classes. Adult Bible Class Sunday Adult Bible Class ◊ A Journey through the Book of Acts ◊ Teacher-Craig Joseph

Wednesday \diamond "Who Is This Man? To know him is to love him" A Study of the Gospel of Mark \diamond Teachers-Tim Daniels & Robert Green "The Grip of Grace" A Study of Galatians \diamond Teacher-Joe Bradley

Bible Hour for all ages. Please register your child in the Education Building before worship service.

Ages 4-12 Welcome back to Wednesday Bible School & Children Bible Stories, Arts and Crafts & Teacher-Marie Sampay

2015 Baptism Preparation

March Worship Service

8:00 amDorris Henderson/Tanya Stanley & Hershey Dunn10:00 amJennifer Clebourn/Brenda Cook & Winslor Smith

Online Giving at Trinity Gardens

Online Giving is now available on the Trinity Gardens Church of Christ website. <u>www.trinitycoc.org</u>. If you have an offering to give after service, please place it in the 'Tithes and Offering' box as you exit the auditorium.



7725-A Sandra Street Houston, Texas 77016 713.631.9601 713.633.3326 713.631.9638 FAX

March 8. 2015

Sunday Services

MORNING WORSHIP BIBLE CLASS MORNING WORSHIP 8:00 A.M. 9:30 A.M. 10:00 A.M.

Mid-Week Service

WEDNESDAY BIBLE CLASS

11:00 A.M & 7:00 P.M.

Trinity Gardens Teens www.facebook.com/TGTeens

Trinity Gardens Church of Christ

www.facebook.com/TrinityGardensCOC

Email

Website

trinitycoc@msn.com

www.trinitycoc.org

Senior Minister: Timothy Daniels Elders: Brother Julius Clebourn Brother George Nimmer Deacon: Brother Jerry Antoine

Announcements

2014 Contribution Statements: If you need your 2014 contribution statement, then please email La Trina Jones @ latrina jones@att.net, or call (281)961-8438. In your email, please provide your name (as it appears on the envelop) your address, contact phone and your email address. All statements have been emailed or mailed on, or before, January 31st, 2015.

<u>*Teen Xtravaganza:*</u> Our teens are in Dallas for the Youth Xtravaganza at Central Point Church. Please for their safe return.

Couples' Harmony: The Couples' Ministry invites you to attend the monthly class that can help to change your life. *Financial Harmony: A key component of successful marriage relationship.* Saturday, March 21st, 2015 @ 5:30 pm. 7610 Crystal Isle Lane, Humble, TX 77396. For additional information contact Hershey & Cynthia Dunn @ (832)6050500

Seasoned Saints: You are invited to join the Seasoned Saints at the Ensemble Theatre "*What I Learned in Paris*" on Wednesday, March 25th. The bus leaves the church @ 9:00 am. For more information contact Sister Vivian Green (713)633-3326

<u>Men's Retreat</u>: Brothers of Trinity Gardens, get ready for an awesome time as we prepare for our Men's Retreat April 24th-26th. Get ready to join us at Camp Allen in Navasota, TX. We are looking forward to bonding, and growing closer to one another, as we continue to grow in our walk with the Lord. For more information, contact Andre Allen (713)631-9601.

Couples' Retreat: The Couples' Ministry will be hosting its annual couples' weekend retreat July 31st-August 2nd, 2015 @ the Westin Hotel Memorial City. The theme is *"Falling In Love Again."* For more information see Hershey & Cynthia Dunn, or call the church (713)631-9601.

*In Other Cities and Hround the Area

Day of Sister-ship: The ladies of Antioch Church of Christ, in Midway, TX, invite you for a day of sister-ship, and to hear Trinity Gardens Church of Christ's very own Sister Joie Rasberry. She will share from the theme: "Women in the Mirror." Saturday March

 $21^{\rm st},\,2015$ @ 8:00 am. Continental breakfast will be served. For more details call (832)814-8043

Sympathy We would to take this time to extend our deepest sympathy to Paula Settles and the entire Settles family in the passing of her brother Carl Settles. We pray that the Lord will comfort you in this difficult time.

Thank You

WOW! I am so overwhelmed! Never, in my imagination, did I expect such outpouring of love! You peculiar people, here at Trinity Gardens church, are the most peculiar people I know. Thank you Bro. Daniels, and the committee, who put this program together. You have given me my flowers while I can see, smell and touch them...the fragrance of which I will carry to my grave. May God continue to bless you collectively, and individually, and grant you all health, wealth and happiness. But most of all grant you peace of mind, body and soul. Thank you once again!

Yours in Christ, Sister Verna O'Quinn

Healthy Juicing Recipe

Last week we shared a healthy juicing recipe, and this week, we are sharing another recipe. The best place to find these items is at the whole food store, or anywhere you can get organic, or non-processed, foods. With that being said, here is a recipe that you can use this

week.

- Kale
- Spinach

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- Dandelion
- Broccoli
- Lime
- Blueberries
- Blackberries

Blend together, and enjoy

This Healthy juicing recipe is provided by Michelle Watts

.The MindSnack Corner

"Respond Or React? A Mindful Difference" Pt 2

When you live in reaction, YOU GIVE YOUR POWER AWAY.

Then you get to experience what you gave your power to.

Last week we began our study on reacting versus responding, and the mindful difference between the two. We briefly covered the fact that we ALWAYS have control over whether we choose to react or respond. In this week's MindSnack I would like to go a little deeper, at what a reaction looks like, and the toll it takes. In his book, "7 Habits of Highly Effective People," Covey says everyone lives, and functions, in one of two circles. The first circle is the circle of concern, and the other is the circle of control. The circle of concern is comprised of all the junk, stuff and things that concern us, but we simply have no control over. The economy is unstable...gas prices are too high...the weather is bad...the government is crooked...and so on. When we spend time focusing on our circle of concern, we are literally giving our power to everything within that circle. This is what reacting is. N. Smith said, "When you live in reaction, you give your power away. Then you get to experience what you gave your power to." Reaction often includes the necessary knowledge, but lacks the initiative. It is knowing what you want, but waiting for something to happen, or someone to hand over the keys. Reacting gives away all of the power, but breeds stress, bitterness, depression, anger, and other non-resourceful emotional states. I spend a lot of time talking with people, who are negative reactors, and when I try to show them the power of positive thinking, they often reply by saying something like, "I don't get into all of that positive stuff. I'm a

realist. "Understand this...being negative is not the equivalent of being a realist. Facing reality is accepting what the circumstances are, and understanding that we can either allow them to act upon us, or we can act upon the circumstances. Next week we will take a look at the benefits of responding.