

Order of Service



Devotional Praise
 Words of Meditation
 Acknowledgement of Sick & Shut-in
 Prayer
 Recognition of Guests
 Communion and Offering
 Announcements

Message



Join Us for Bible Study

Today @ 9:30 A.M.

Special Prayer

Christina Wade	Inell Melton	Bonnie Holden
Laura Charles	Helen Lindsey	Frank Lindsey
Quinton Wright	Marvin Winfrey	Reba Fleming
Frank & Theola Preston	Rosie Antoine	Cordellia Tennard
Pamela Dewberry	Willie Young	Billy Mosley

Encompass Prayer Ministry

Prayer line – 712-432-0075 - Every Friday at 6:00 am
 Access code: 895269
 Email prayer request to encompassprayer3@gmail.com
 For more information, contact Brenda Jackson 832-305-7729

Welcome Visitors!

We are excited to have you here!
Fill out the yellow visitor's card, so we
can acknowledge you.

Message from the Office

*Ministry Coordinators, it is imperative to turn in the Event Coordination and Requisition Form (if applicable) eight weeks prior to the event.
 *Please send all church announcements by Wednesday 8:00a.m. Any announcements received after that will be posted the next week.
 *Announcements such as prayer requests, birthdays, anniversaries, graduations, etc., will be celebrated on the screens. Please email it to trinitycoc@msn.com. ~Thanks~

Ministries Meetings Schedule

Ushers & greeters meeting for second service participants, immediately following after second service in the Family Life Center. April 26th.

Transition Ministry meeting after second service May 17th.

2015 Baptism Preparation

April Worship Service

8:00 am	Nikki Berry/Edith Walker & Cedrick Jackson
10:00 am	Delic Sapp/Diane Edwards & Rinthian Pinkney

Online Giving at Trinity Gardens

Online Giving is now available on the Trinity Gardens Church of Christ website. www.trinitycoc.org. If you have an offering to give after service, please place it in the 'Tithes and Offering' box as you exit the auditorium.



7725-A Sandra Street
 Houston, Texas 77016

713.631.9601
 713.633.3326
 713.631.9638 FAX

April 19, 2015

Sunday Services

MORNING WORSHIP	8:00 A.M.
BIBLE CLASS	9:30 A.M.
MORNING WORSHIP	10:00 A.M.

Mid-Week Service

WEDNESDAY BIBLE CLASS	11:00 A.M & 7:00 P.M.
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Trinity Gardens Teens

www.facebook.com/TGTeens

Trinity Gardens Church of Christ

www.facebook.com/TrinityGardensCOC

Email

trinitycoc@msn.com

Website

www.trinitycoc.org

Senior Minister: Timothy Daniels

Elders: Brother Julius Clebourn
 Brother George Nimmer

Deacon: Brother Jerry Antoine

Announcements

2014 Contribution Statements: If you need your 2014 contribution statement, then please email La Trina Jones @ latrina_jones@att.net, or call (281)961-8438. In your email, please provide your name (as it appears on the envelope) your address, contact phone and your email address. All statements were emailed or mailed on, or before, January 31st, 2015.

Food Service (Kitchen) Ministry: Volunteers needed for food service ministry. Food service certification helpful, but not necessary. If interested, please sign up in lobby.

Children's Bible Hour: April's lesson "The Resurrection of Jesus." Ages 4-12. 8:00 a.m. & 10:00 a.m. come join us!

Joseph's Storehouse: Joseph's Storehouse is collecting baby items: baby food, formula, baby cereal, and diapers. The age ranges from newborn to toddler. Bring all donated items to the wooden bin in middle foyer.

Home Bible Study: Hosted by Dee Bennett. Today, @ 3:00 p.m. Discussion topic chapter 11 of "Experiencing Father's Embrace by Jack Frost. For more info call Arthur (281)235-3264

Men's Retreat: Men's Retreat April 24th-26th. Money due now. Contact Andre Allen (713)631-9601.

Couples' Fellowship: Couples' fellowship Saturday May 2nd, 5:30 p.m. Sign up sheet in lobby.

Graduation Program: Graduation candidates please pick packets in lobby. Completed packets due by April 26th.

Singles' Retreat: The Fifth Ward Church of Christ is hosting the Singles' Retreat in San Antonio, TX @ the Wyndham Gardens, Riverwalk May 29th-31st. For more information call A'Ina Henry (832)326-2137

National Youth Conference: July 18th-23rd, Oklahoma City, OK. \$50 deposit due May 1st, and total balance due June 15th. Payments made to Sister Kim Green.

Couples' Retreat: The Couples' Ministry will be hosting its annual couples' weekend retreat July 31st-August 2nd, @ the Westin Hotel Memorial City. The theme is "Falling in Love Again." For more information see Hershey & Cynthia Dunn, or call the church (713)631-9601.

Sympathy

The Trinity Gardens family would like to extend our deepest sympathy to the family of Sis Sarah Lancelin. May the God of all comfort be with you.

Healthy Living

Drinking a lot of clean water is one of the simplest ways to ensure good health.

Quick & Easy Financial Tip

Start Saving: Make a careful plan of what you will buy, before you go to the store, and then stick, strictly, to that list. No matter how tempting it may be, don't put anything in your basket that isn't on the list. You will be surprised how your savings will begin to stack up.

Daily Bible Reading

For the next five days, meditate on these daily bible readings.

Monday: Psalm 27
Tuesday: Habakkuk 2:1-3
Wednesday: Matt 14: 22-33
Thursday: Galatians 3
Friday: Romans 5

Healthy Smoothie Recipe

This week's smoothie recipe is called the Cherry Smoothie. Cherries.

- 2 handfuls of greens
- 1 cup of coconut milk
- 1 cup of almond milk
- 2 cups of cherries
- ½ cup of raisins & 1 cup of oats

This Healthy smoothie recipe is provided by Michelle Watts

The MindSnack Corner



Last week, we talked about taking the first step, and how significant it is. We briefly discussed how momentum would kick in. In this 'MindSnack' we will take an in depth look at momentum. Momentum is a term often used in sports. When a team has the momentum, it usually means that team is on the move, and is going to be difficult to stop. It is a physics term that refers to the quantity of motion that an object has. A common definition of momentum is ***mass in motion***. With this understanding, let's look at momentum, and why it is **THE MOST POWERFUL FORCE IN ALL OF LIFE!** The reason why taking the first step is important is not just to take the first step. Many people get busy work and progress confused as the same thing. But the first step is crucial mainly because of MOMENTUM. Momentum simply supports the last action we took. So, if we have done nothing, then the momentum supports us doing nothing. Wait a minute! If momentum is about the quantity of motion, then how does it support inaction? Simple. In a MindSnack a few weeks ago we learned that emotion is simply energy in motion. We also saw how fear paralyzes our ability to make decisions. Whether we are procrastinating, lazy, making excuses, etc., the reason why we, often, don't do what we know we need to do, is linked directly to fear. And FEAR is an emotion. Once momentum kicks in, it is difficult to stop! How many times have you looked at your current condition, and acknowledged that you needed to change, but for the life of you it seemed like you just couldn't do anything about it. That's because momentum was still supporting your undesired habits that created the life you were trying to escape from. You must use everything that is within you, and take the action. Break through your current gravity pull of bad habits, and, contrary to popular opinion, don't think about what you need to do! Focus on, instead, what you want! Take the step, and let momentum carry you into your new life! Now is always the best time to do anything that is going to make you better, and whenever you take a step forward, momentum will automatically carry you a step higher.

By Joseph Bradley. Is the MindSnack helpful to you? Please let us know your thoughts. trinitycoc@msn.com