

Order of Service



Devotional Praise
 Words of Meditation
 Acknowledgement of Sick & Shut-in
 Prayer
 Recognition of Guests
 Communion and Offering
 Announcements

Message



Join Us for Bible Study

**Today @9:30 A.M.
 In M.C. Daniels Community Center**

Special Prayer

Christina Wade	Inell Melton	Bonnie Holden
Laura Charles	Helen Lindsey	Frank Lindsey
Quinton Wright	Marvin Winfrey	Reba Fleming
Frank & Theola Preston	Fred Walker	Cordellia Tennard
R.D. Steptoe	Willie Young	Billy Mosley

Encompass Prayer Ministry

Prayer line – 712-432-0075 - Every Friday at 6:00 am
 Access code: 895269
 Email prayer request to encompassprayer3@gmail.com
 For more information, contact Brenda Jackson 832-305-7729

Welcome Visitors!

**We are excited to have you here!
 Fill out the yellow visitor's card, so we
 can acknowledge you.**

Message from the Office

*Ministry Coordinators, it is imperative to turn in the Event Coordination and Requisition Form (if applicable) eight weeks prior to the event.
 *Please send all church announcements by Wednesday 8:00a.m. Any announcements received after that will be posted the next week.
 *Announcements such as prayer requests, birthdays, anniversaries, graduations, etc., will be celebrated on the screens. Please email it to trinitycoc@msn.com. ~Thanks~

Ministries Meetings Schedule

Joseph Storehouse Hours: 9:00-11:00 A.M. Every third Saturday.
 Next food distribution is April 18th, 2015. Volunteers needed April 17th, from 6:30-8:30 P.M.
 Ministry coordinator meeting April 11th, 2015 8:00 A.M. in Family Life Center
 Ushers & greeters meeting for second service participants, immediately following after second service in the Family Life Center. April 19th.

2015 Baptism Preparation

April Worship Service

8:00 am	Nikki Berry/Edith Walker & Cedrick Jackson
10:00 am	Delic Sapp/Diane Edwards & Rinthian Pinkney

Online Giving at Trinity Gardens

Online Giving is now available on the Trinity Gardens Church of Christ website. www.trinitycoc.org. If you have an offering to give after service, please place it in the 'Tithes and Offering' box as you exit the auditorium.



7725-A Sandra Street
 Houston, Texas 77016

713.631.9601
 713.633.3326
 713.631.9638 FAX

April 12, 2015

Sunday Services

MORNING WORSHIP	8:00 A.M.
BIBLE CLASS	9:30 A.M.
MORNING WORSHIP	10:00 A.M.

Mid-Week Service

WEDNESDAY BIBLE CLASS	11:00 A.M & 7:00 P.M.
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Trinity Gardens Teens

www.facebook.com/TGTeens

Trinity Gardens Church of Christ

www.facebook.com/TrinityGardensCOC

Email

trinitycoc@msn.com

Website

www.trinitycoc.org

Senior Minister: Timothy Daniels

Elders: Brother Julius Clebourn
 Brother George Nimmer

Deacon: Brother Jerry Antoine

Announcements

2014 Contribution Statements: If you need your 2014 contribution statement, then please email La Trina Jones @ latrina_jones@att.net, or call (281)961-8438. In your email, please provide your name (as it appears on the envelope) your address, contact phone and your email address. All statements were emailed or mailed on, or before, January 31st, 2015.

Food Service Ministry: Volunteers needed for food service ministry. Food service certification helpful, but not necessary. If interested, please sign up in lobby.

Children's Bible Hour: April's lesson "The Resurrection of Jesus." Ages 4-12. 8:00 a.m. & 10:00 a.m. come join us!

Joseph's Storehouse: Joseph's Storehouse is collecting baby items: baby food, formula, baby cereal, and diapers. The age ranges from newborn to toddler.

Singles: The Singles will be attending the play, "What I Learned in Paris," 3:00 p.m. After the 10:00 a.m. service, they will go out to eat, then to the play. For more info please call the church, (713)633-3326.

Home Bible Study: Hosted by Dee Bennett. Sunday April 19th, @ 3:00 p.m. Discussion topic chapter 11 of "Experiencing Father's Embrace by Jack Frost. For more info call Arthur (281)235-3264

Men's Retreat: Men's Retreat April 24th-26th. Camp Allen in Navasota, TX. Money due now. Contact Andre Allen (713)631-9601.

Singles' Retreat: The Fifth Ward Church of Christ is hosting the Singles' Retreat in San Antonio, TX @ the Wyndham Gardens, Riverwalk May 29th-31st, 2015. For more information call A'Ina Henry (832)326-2137

Couples' Retreat: The Couples' Ministry will be hosting its annual couples' weekend retreat July 31st-August 2nd, 2015 @ the Westin Hotel Memorial City. The theme is "Falling in Love Again." For more information see Hershey & Cynthia Dunn, or call the church (713)631-9601.

Sympathy

The Trinity Gardens family would like to extend our deepest sympathy the following families: Doublin, Settles, Brooks, McCray & London during this difficult time. May the God of all comfort be with you.

Healthy Living

If you are experiencing an upset stomach, then try eating papaya for dessert. The enzyme, papain, has been shown to beat bloat, gas, and gastrointestinal unrest by helping aid digestion and preventing constipation.

Quick & Easy Financial Tip

Start Saving: Cut back on convenience food, such as fast food, microwaveable food, etc., instead, prepare simple replacement meals at home that will have make-ready meals for lunch throughout the week. An hour of preparation will not only give you a boost in your health and energy, but you will also save time, and money.

Daily Bible Reading

For the next five days, meditate on these daily bible readings.

Monday: Psalm 27
Tuesday: Habakkuk 2:1-3
Wednesday: Matt 14: 24-36
Thursday: Galatians 2
Friday: Romans 5

Healthy Smoothie Recipe

This week's smoothie recipe is called the Cherry Smoothie. Cherries are good for reducing inflammation and Gout. They also possess antioxidants, which are good preventatives for cancer.

- 2 handfuls of greens
- 1 cup of coconut milk
- 1 cup of almond milk
- 2 cups of cherries
- ½ cup of raisins & 1 cup of oats

This Healthy smoothie recipe is provided by Michelle Watts

The MindSnack Corner



Last week we talked about fear, and how to overcome the fear factor. In this week's 'MindSnack' we will discuss the most critical phase of it all: **TAKING THE FIRST STEP!** From the first day that we began to publish the *MindSnack Corner*, countless people have expressed how much they have been enjoying the articles, and, let's face it...the articles are all meant to encourage people to begin thinking for a change. My intention, from the beginning, has been to leave people with a healthy snack for their minds; however, that isn't the only intention. With every article, my desire is for the reader to take the necessary action in his/her life because the process of manifestation works in this order. First, we think about something, then that thought leads to us feeling a certain way about that same something. After we finish thinking, we take action. Those three ingredients produce the results we experience. Approximately 98% of the people who think and then feel **never actually take any action**, and, the results they experience never change. Have you ever wondered why you keep ending up with the same problems over and over again? Or why it seems like nothing is changing? No matter how much you pray...how much you cry...how much you beg God to move...everything just stays the way it is. Oftentimes, we just chalk it up to it not being God's will, but here is the reality: **if we do what we have always done, then we are going to get what we have always got!** There is a phenomena called momentum that always kicks in, regardless of whether we take action, or not. This is the reason why taking the first step is **SO VERY IMPORTANT!** T. Harv Eker said, "One step in the right direction is worth 100 years of thinking about it." So what is it that you really, and truly want? Do you want better health? Do you want a better life? Do you want a more fulfilling career? It is really as simple as taking the first step! Once you do, then **EVERYTHING CHANGES!** Fear disappears! You begin to realize the pain you thought you'd experience was never really there. You gain confidence in your ability to take a step. Momentum kicks in, and you take another step, and then another! With each step, your life becomes more and more like the life you desire & deserve.

This MindSnack has been brought to you by Joseph Bradley