Order of Service

Devotional Praise Words of Meditation Acknowledgement of Sick & Shut-in Prayer Recognition of Guests Communion and Offering Announcements Message Soin Us for Bible Study

Today @ 9:30 A.M.

Special Prayer

Christina Wade Laura Charles Quinton Wright Bonnie Holden Annette Doublin Audrey Metters Inell MeltonFrank & Theola PrestinHelen LindseyFrank LindseyMarvin WinfreyReba FlemingRosie AntoineCordellia TennardWillie YoungBilly MosleyLillian DouglasFillian Douglas

Encompass Prayer Ministry

Prayer line – 712-432-0075 - Every Friday at 6:00 am Access code: 895269

Email prayer request to <u>encompassprayer3@gmail.com</u> For more information, contact Brenda Jackson 832-305-7729

Welcome Visitors!

We are excited to have you here! Fill out the yellow visitor's card, so we can acknowledge you.

Message from the Office

*Ministry Coordinators, it is imperative to turn in the Event Coordination and Requisition Form (if applicable) eight weeks prior to the event.

*Please send all church announcements by Wednesday 8:00a.m. Any announcements received after that will be posted the next week.

*Announcements such as prayer requests, birthdays, anniversaries, graduations, etc., will be celebrated on the screens. Please email it to trinitycoc@msn.com. ~Thanks~

Ministries Meetings Schedule

Joseph's Storehouse

Joseph's Storehouse Hours: 9:00-11:00 A.M. Every third Saturday. Next food distribution is June 20th, 2015. Volunteers needed June 19th, from 6:30-8:30 P.M. The pantry is collecting canned tuna this month

Transition

Transition Ministry sick/shut-in visitation meeting after second service, June 21st, 2015.

2015 Baptism Preparation

June Worship Service

8:00 amDoris Henderson/Tanya Stanley & Cedrick Jackson10:00 amEva Chambers/Paula Green & Jevon German

Online Giving at Trinity Gardens

Online Giving is now available on the Trinity Gardens Church of Christ website. <u>www.trinitycoc.org</u>. If you have an offering to give after service, please place it in the 'Tithes and Offering' box as you exit the auditorium.

Trinity Gardens Church of

7725-A Sandra Street Houston, Texas 77016 713.631.9601 713.633.3326 713.631.9638 FAX

June 1, 2015

Sunday Services

MORNING WORSHIP BIBLE CLASS MORNING WORSHIP

8:00 A.M. 9:30 A.M. 10:00 A.M.

Mid-Week Service

WEDNESDAY BIBLE CLASS

11:00 A.M & 7:00 P.M.

Trinity Gardens Teens www.facebook.com/TGTeens

Trinity Gardens Church of Christ

www.facebook.com/TrinityGardensCOC

Email

Website

trinitycoc@msn.com

www.trinitycoc.org

Senior Minister: Timothy Daniels Elders: Brother Julius Clebourn Brother George Nimmer

Deacon: Brother Jerry Antoine

Announcements

Children's Bible Hour: June's lesson: "The Prodigal Son" Ages 4-12. 8:00 & 10:00 a.m. come join us!

<u>Sister to Sister:</u> Theme: "Women of the Bible." Today, MC Daniels Community Center after 8:00 a.m. service.

Home Bible Study: Hosted by Arthur & Gloria White. Discussion Topic: from the book, *"Experiencing Father's Embrace,"* by Jack Frost. Today at 3:00 p.m. For more information call Arthur (281)235-3264.

<u>Parents' Night Out:</u> Friday June 12th, 6:00-11:00 p.m. RSVP w/ Previn Jones or the church office. (713)633-3326

VBS 2015: "Shining Star See the Jesus in Me" June 15th -19th .6:15 -8:15 p.m. We are in need of teachers, singers, teachers' helpers, decorators, snack helpers & helpers as needed. For more information, contact Sis Marie Sampay. (713(443)-9636

Houston Area COC Bowling Tournament: Sugarland Church of Christ will be hosting a Houston area bowling tournament on June 27th. For more information, call the church and ask for Tracie. (713)633-3326

<u>National Youth Conference</u> July 18th-23rd, Oklahoma City, OK. \$50 deposit due now, and total balance due June 15th. Payments made to Sister Kim Green.

Couples' Retreat: The Couples' Ministry will be hosting its annual couples' weekend retreat July 31st-August 2nd, @ the Westin Hotel Memorial City. The theme is *"Falling in Love Again."* For more information see Hershey & Cynthia Dunn, or call the church (713)631-9601.

Thank You

Thanks to the Teen Ministry, Project Graduation & the Trinity Gardens Congregation. Your encouragement, and acts kindness, is greatly appreciated. I am, indeed, humbled by all of the love shown to me.

Julian Clark II

Chester W. Nimitz High School C/O 2015

Sympathy

The Trinity Gardens Family would like to extend our deepest sympathy to the family of Garland Bernard Robinson. We pray that our God of Comfort touches you in this difficult time.

Healthy Living

Cashew Strawberry Crunch. Think of this as a gourmet cook's PB & J. Spread 1 tablespoon of cashew butter on a slice of Ryvita Fruit Crunch. (Or substitute peanut butter and Triscuits.) Drizzle with ½ tablespoon honey and top with sliced strawberries.

Quick & Easy Financial Tip

Dismiss the Ineffective Frugal Habits: Some frugal habits simply aren't worth the effort. For instance, driving 10 miles to save 10 cents on gas is actually costing more time and money. Calculate your per hour worth, and see if your habit is paying you or costing you.

Daily Bible Reading

For the next five days, meditate on these daily bible readings.

Monday:Genesis, chapter 8Tuesday:Genesis s, chapter 9Wednesday:Genesis, chapter 10Thursday:Genesis, chapter 11Friday:Genesis, chapter 12

Healthy Juicing Recipe

This week's juicing recipe is called the Berry Lime Blast..

- handful of spinach
- handful of kale
- handful of blackberries
- slice of ginger
- 3 slices of celery
- Handful of blueberries
- Squeeze of lime

This Healthy smoothie recipe is provided by Michelle Watts

The Mind Snack Corner



Last week we talked about confidence, and why it is a prerequisite to everything in moving forward. In this week's '*MindSnack*' we move on to the next step. By now, if you have been doing the work, then you know what it is that you want, and you also know why you want

it. These are the two starting points in the journey of living the extraordinary life. It is written in James that the main reason why we don't have it is because we have never asked for it. There is actually a reason, though, why so many have never asked...they simply don't know what they want. Secondly, knowing why you want it is critical because now you have a reason to continue during the opposition. The third, and probably the most critical step is figuring out WHAT **IS HOLDING YOU BACK?** What is your anchor? So many times, we find something we want to do, and come up with a great reason for wanting it, but for some reason we just remain stuck in one place. It seems as if we can't move forward. Perhaps you have been here before, and maybe you are in this place right now. Everything is clear, but you are stuck. So ask yourself this question, "Why don't I have what I want, yet?" Let's say, for example, that what you want is time freedom, along with financial freedom, to travel the world at your leisure. Your specific financial desire is \$300k per year, and working only three days per week. When you consider why you don't already have that lifestyle, you realize it's because your job of 18 years pays you \$75k per year, salaried, and you work an average of 80 hours per week. Well now you know that the current vehicle you are in isn't able to give you what you want. It actually has you out of position.

Success isn't event based, it is positional. The one thing that is holding you back just happens to also be the one thing keeping you above water. You are miserable in your comfort zone, but don't want to take the risk of getting out. You have, up until now, decided to stay

in the one place that prevents you from living your big dream. Contrary to popular beliefs, you can't have your big dream and your comfort zone. You have got to choose. How you do anything, is how you do everything, so this anchor, undoubtedly shows up in every area of your life. Tune in next week as we continue with acknowledging your anchors.